



ST ANNE'S LONG DAY CARE CENTRE
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 narelle@stannesldcc.org.au



*Celebrating 13 years of Early Childhood Education at St Anne's
 since 27th January 2010.*

Dear Families,

Welcome to 2023 at St Anne's! The start to our year has been positive albeit a little bit different to years gone by. Our Pebbles ('baby' room) remains closed and our Pippies Room for 1-2 yr old children is only open Tuesdays and Thursdays (for now). As we bring on new Educators our plan is to extend the Pippies Room (to at least more than 8 children per day and hopefully more days!).

Well it's been a long time coming...Government has finally put into place some 'fee relief'...albeit for 4 year old children only, and some additional funding for Long Day Care Centres to "uplift and extend on the quality of Early Childhood Education". This has come under the NSW Government's *Early Years Commitment*. The Hon.Sarah Mitchell (NSW Minister for Education and Early Learning) says....

About 90% of a child's brain development happens in the first 5 years. It is in this transformational time in a child's life that, with the right support, they can be set on the path toward lifelong success.

Unfortunately too many children and families have not had the support they need in these earliest years, with 2 in 5 NSW children already behind in their developmental outcomes when they start school.

NSW Government is committing \$15.9 billion dollars over 10 years to give every child in NSW the very best start in life.

The full report is available—just use your search engine... *Early Years Commitment*.

Please be assured, whilst the name of our service is St Anne's **Long Day Care Centre**, our service includes a very strong **PRESCHOOL** Program for the 3 to 5 year old children enrolled at St Anne's delivered by Early Childhood Teachers. The Pre-school program focuses on developing early life skills (independence, confidence, resilience, emotional 'literacy', respect for others, kindness, being considerate)...as well as...developing the pre-academic skills that will help them have a smooth transition into their next learning setting.

Yours as we educate and care for children together. Narelle Dewhurst. CENTRE DIRECTOR

STAFF CHANGES

Farewell to Chloe Burke!



Chloe has been an Educator with us since November 2021 working mostly in our Pippies Room last year and for January this year, in the Seabirds Room. Chloe is completing her Bachelor of Early Childhood/Primary Education Degree and is keen to experience Primary School teaching. Chloe will have her last day with us on Tuesday 7 February.

We thank Chloe for the contributions she has made to our St Anne's Early Education programmes and wish her all the very best as she continues her career as a Teacher.

Welcome to Jasmine Burns and Bronte Connor!



Jasmine has moved to Ballina from Sydney to take up a full-time position with us here at St Anne's. Jasmine has been an Early Childhood Educator for 5 years.

Bronte has worked in Early Childhood Education for the last 10 years and has now joined our St Anne's team Tuesdays to Fridays. Bronte has just completed 2 days Induction-Orientation and will commence work tomorrow in the Shells Room.

Please help us welcome both Jasmine and Bronte!

TO EVERYONE

Please don't ever hesitate to ASK if we can help you with anything! We're here to help and to make sure that your child's learning journey at St Anne's is the best it can be!



**Happy 13th Birthday
 to St Anne's!**



Things to know that might help!

PLEASE put your child's name on EVERYTHING!

In a big Children's Centre like ours it is so much easier finding the owner of things when there is a name!

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## Please share your thoughts with us!

Your thoughts, your opinion, your concerns, your feedback (both positive and negative) is always WELCOMED and ENCOURAGED. (eg. ideas, thoughts, feedback in relation to your child's educative programme, the centre menu, information/articles for the Newsletter, policies)

You can do this in any of the following ways:

- **Verbally** to Alison at the Reception Office, to Narelle (Centre Director) or to any of the educators.
- **In writing**—email or post or put into the 'drop box' (the slot in the upper desk at Reception)
- **Use the Feedback Form** available in the display holder on the upper desk at Reception
- **Talk** to any one of the staff team members
- Write us a note using the **Message Slips** clipped to the room's Communication Diary in the Shells, Rockpools and Seabirds Rooms, or your child's personal communication sheet in the Pebbles and Pippies Rooms.

**This will help us meet your child's and your needs in the best way possible!**

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Please make sure your child has a WATER BOTTLE every day.

Ref: NSW Gvt *Healthy Kids—Munch & Move Factsheet.*

Water:

- Is the best drink for anyone who is thirsty as it does not contain any added sugar
- Is essential for the optimal function of the body



Christine
Jonathon

Please also remember that saying the script below really does help at goodbye times:

If your child is upset at the time of you saying goodbye **you say** confidently:
I'm leaving now, (say the Educator's name)..will keep you safe and take care of you while I am at work/away.

We will say: Yes, I will look after you and keep you safe until Mummy/Daddy comes back. I am always here to help you when you need me.

Please ask your child's teacher if unsure of what to do or say at the time of leaving your child with us.

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## **PLEASE REMEMBER THE CARPARK RULES**

### **THAT YOU HAVE COMMITTED TO IN YOUR CHILD'S ENROLMENT FORM**

St Anne's Long Day Care Centre considers the safety of all children and families to be of paramount importance. Families traveling to the Centre by car are asked to take extreme care, approach the Centre doing no more than 40 kms per hour (School Zone), and adhere to the following rules when dropping off and collecting children from the Centre.

#### **Drivers must:**

- Keep a keen lookout for children
- Keep speed to no more than 10kms per hour within the carpark
  - Park only in designated parking spots **(leaving the Disabled Car Space and Emergency Drop off area for those purposes only)**
- Hold your child's hand at all times while walking in the carpark
- **Do not leave children in your car without you**
- Do not leave your car with the motor still running

It is important we all recognise that children depend on adults to keep them safe. Small children can be unpredictable in their movements, and do not have an understanding of road rules.

**THESE CARPARK RULES ARE VERY IMPORTANT!**

## THE HUMBLE NURSERY RHYME



Did you know “nursery rhymes” play an important role in your child’s literacy development?

**Nursery rhymes are important for young children because they help develop an ear for our language.**

**Both rhyme and rhythm help children hear the sounds and syllables in words, which helps children learn to read!**

Nursery rhyme experiences, awareness, and knowledge have been found to be positively related to accomplishment in early phonological and print-related skills. So, practise them in the car, on a walk or before bed.

Sing them high, sing them low, say them using funny voices. It’s fun to rhyme, and so good for your little one’s early literacy skills.

Dr Foster went to Gloucester  
In a shower of rain  
He stepped in a puddle right up to his middle  
And...  
Never went there again!  
\*\*\*\*

Little Boy Blue come blow your horn  
The sheep’s in the meadow  
The cow’s in the corn  
But where’s the little boy who looks after the sheep  
He’s under the haystack fast asleep.  
\*\*\*\*

Hey diddle diddle the cat and the fiddle  
The cow jumped over the moon  
The little dog laughed to see such fun  
And the dish ran away with the spoon!  
\*\*\*\*

Humpty Dumpty sat on a wall  
Humpty Dumpty had a great fall  
All the King’s horses and all the King’s men  
Couldn’t put Humpty together again.  
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Twinkle twinkle little star  
How I wonder what you are  
Up above the world so high  
Like a diamond in the sky  
Twinkle Twinkle little star  
How I wonder what you are.



PREP 20 min | COOK 10 min | SERVES 8

### INGREDIENTS

#### Chicken Meatballs:

1 kg chicken mince  
1 cup fresh breadcrumbs,  
*soaked in a 1/4 cup milk*  
2 eggs  
1 cup parmesan cheese, *grated*  
1 tbs garlic, *minced*  
sea salt & pepper, *to season*

#### Basil Pistachio Pesto:

2 cups fresh basil leaves  
1 cup baby spinach leaves  
2 garlic cloves  
1/2 cup pistachios  
1/2 cup parmesan, *grated*  
zest and juice of 1 lemon  
3/4 cup olive oil  
500 grams **spaghetti**, *cooked according to packet instructions reserving 1 cup of cooking water*

### METHOD:

**Place** the mince, breadcrumbs, eggs, parmesan, garlic, salt and pepper into a large bowl and mix thoroughly to combine. **Take** 2 heaped tablespoons of mince and roll into rounds. **Heat** a little olive oil in a fry pan over medium-high heat. **Add** meatballs and cook 6-8 minutes, stirring occasionally or until the meatballs are golden and cooked through. Set aside.

**To make the Basil Pistachio Pesto:** **Place** the basil, baby spinach, garlic, pistachios, parmesan, lemon juice and zest into the bowl of a food processor. Blitz for 1-2 minutes or until finely chopped. **With** the motor running, slowly add the olive oil and continue blitzing until thoroughly combined (scraping down the sides of the bowl as necessary).

**Pour** the pesto over the cooked spaghetti with a splash of the reserved pasta water and toss to combine. **Top** spaghetti with cooked meatballs, fresh basil leaves and a grating of parmesan cheese. Enjoy x

*Recipe and image from mylovelylittlelunchbox.com*

## 2023 STAFF TEAM



### CENTRE DIRECTOR

Narelle Dewhurst (Mon-Fri) - *Early Childhood Teacher*

### PEBBLES ROOM—remains closed—(Children Birth-1 yr)

### PIPIES ROOM (Children 1-2 years) - Tuesday and Thursday only.

Alyson Lewis—*Room Co-ordinator*

Bree Eastburn (*studying for Diploma qualification Early Childhood*)

Deb Wilkinson

### SHELLS ROOM (Children 2-3 years)

Suzanne Moane (M/T and Thurs/Fri) *Room Co-ordinator*

Alyson Lewis (W) *Wed. Room Co-ordinator*

Caitlin Mergan (M-F)

Sam Manley (W-F)

Hayley Cheek (M-W)

Peter Hansen (M/T/W)

Deb Lane (MTW)

Bronte Connor (TWThF)

### ROCKPOOLS PRESCHOOL ROOM (Children 3-4 years)

Annaleise Smith (M/T and Thurs/Fri) *Room Co-ordinator Early Childhood Teacher*

Lucie Jackson (M-Th) *Wed. Room Co-ordinator*

Triona Shannon (M-F)

Debi Gover (W/Th)

### SEABIRDS PRESCHOOL ROOM (Children 4-5 years)

Sharon Melenhorst (M-F) *Room Co-ordinator Early Childhood Teacher*

Toni Baker (M-F)

Jasmine Burns (M-F)

Paris Love (M-F) (*Studying for Early Childhood Teaching degree*)

### KITCHEN

Mark Latter—*Centre Chef (M-F) (7am-2pm)*

### OFFICE ADMINISTRATION

Alison Franey (M-F) Office open 8am-4pm (*Studying for Certificate III qualification Early Childhood*)

*Stephanie Wilkinson, Jess Jones and Ameer Wright—Parental Leave*

